

SOAP IS STRONGLY ALKALINE and constant use will burn out the scalp. Cleanse the scalp by shampooing with "La Creole" Hair Dressing, and darken, in the natural way, those ugly, grizzly hairs. Price, \$1.00.—Adv.

So He Is.
"What is a dietitian, pa?"
"A dietitian, my son, is a doctor who tells you never to eat anything except the things you don't like."

RECIPE FOR GRAY HAIR.
To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and 4 oz. of glycerine. Apply to the hair twice a week until it becomes the desired shade. Any drugist can put this up or you can mix it at home at very little cost. It will gradually darken streaked, faded gray hair, and removes dandruff. It is excellent for falling hair and will make harsh hair soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off.—Adv.

His Specialty.
"Jimson doesn't cut any ice as a skater, does he?"
"No, but he breaks a lot of it."

Use Marline after Exposure in Cold. Cutting Winds and Dust. It Restores, Refreshes and Promotes Eye Health. Good for all Eyes that Need Care. Marline Eye Remedy Co., Chicago. Sends Eye Book on request.

The man who is too poor to lend money to his friends will never have many enemies.

Beautiful, clear white clothes delights the laundress who uses Red Cross Ball Blue. All grocers. Adv.

The tensile strength of a paper fly-wheel is far greater than one made of iron.

WOMAN AVOIDS OPERATION

Medicine Which Made Surgeon's Work Unnecessary.

Astoria, N. Y.—"For two years I was feeling ill and took all kinds of tonics. I was getting worse every day. I had chills, my head would ache, I would always feel tired. I could not walk straight because of the pain in my back and I had pains in my stomach. I went to a doctor and he said I must go under an operation, but I did not go. I read in the paper about Lydia E. Pinkham's Vegetable Compound and told my husband about it. I said 'I know nothing will help me but I will try this.' I found myself improving from the very first bottle, and in two weeks time I was able to sit down and eat a hearty breakfast with my husband, which I had not done for two years. I am now in the best of health and did not have the operation."—Mrs. JOHN A. KOENIG, 502 Flushing Avenue, Astoria, N. Y.

Every one dreads the surgeon's knife and the operating table. Sometimes nothing else will do; but many times doctors say they are necessary when they are not. Letter after letter comes to the Pinkham Laboratory, telling how operations were advised and were not performed; or, if performed, did no good, but Lydia E. Pinkham's Vegetable Compound was used and good health followed.

If you want advice write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass.

The Wretchedness of Constipation

Can quickly be overcome by CARTER'S LITTLE LIVER PILLS.

Purely vegetable—act surely and gently on the liver. Cure Bilelessness, Headache, Dizziness, and Indigestion. They do their duty. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature

Wm. Wood

THOUSANDS HAVE KIDNEY TROUBLE AND DON'T KNOW IT

Weak and unhealthy kidneys cause so much sickness and suffering and when through neglect or other causes, kidney trouble is permitted to continue, serious results may be expected.

Your other organs may need attention—but your kidneys should have attention first because their work is most important.

If you feel that your kidneys are the cause of your sickness or run down condition commence taking Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder remedy, because if it proves to be the remedy you need and your kidneys begin to improve they will help all the other organs to health.

Prevalency of Kidney Disease.

Most people do not realize the alarming increase and remarkable prevalence of kidney disease. While kidney disorders are among the most common diseases that prevail, they are almost the last recognized by patients, who usually content themselves with doctoring the effects, while the original disease constantly undermines the system.

SPECIAL NOTE—You may obtain a sample size bottle of Swamp-Root by enclosing ten cents to Dr. Kilmer & Co., Binghamton, N. Y. This gives you the opportunity to prove the remarkable merit of this medicine. They will also send you a book of valuable information, containing many of the thousands of grateful letters received from men and women who say they found Swamp-Root to be just the remedy needed in kidney, liver and bladder troubles. The value and success of Swamp-Root are so well known that our readers are advised to send for a sample size bottle. Address Dr. Kilmer & Co., Binghamton, N. Y. When writing be sure and mention this paper.

What Does Catarrh Mean?

It means inflammation of a mucous membrane somewhere in the head, throat, bronchial tubes, stomach, biliary ducts or bowels. It always means stagnant blood—the blood that is full of impurities. Left alone, it extends until it is followed by indigestion, colds, congestion or fever. It weakens the system generally and spreads its operations until systemic catarrh or an acute illness is the result.

Peruna

Is the nation's reliable remedy for this condition. It restores appetite, aids digestion, checks and removes inflammation, and thus enables the membranes, through which we breathe and through which our food is absorbed, to do their work properly. Forty-four years of success, with thousands of testimonials, have established it as the home remedy—Ever-Ready-to-Take. Its record of success holds a promise for you.

THE PERUNA COMPANY
COLUMBUS, OHIO
You can obtain Peruna in tablet form for convenience.

The world is full of illusions.

Dr. Pierce's Pellets are best for liver, bowels and stomach. One little Pellet for a laxative—three for a cathartic.—Adv.

Deliver us from the man who looks up only when tight.

IMITATION IS SINCEREST FLATTERY but like counterfeit money the imitation has not the worth of the original. Insist on "La Creole" Hair Dressing—it's the original. Darkens your hair in the natural way, but contains no dye. Price \$1.00.—Adv.

Love is a disease that most girls catch as often as they are exposed.

PREPAREDNESS!

To Fortify the System Against Grip when Grip is prevalent LAXATIVE BROMO QUININE should be taken, as this combination of Quinine with other ingredients, destroys germs, acts as a Tonic and Laxative and thus keeps the system in condition to withstand Colds, Grip and Influenza. There is only one "BROMO QUININE." R. W. GROVE'S signature on box. 25c.

Members of the New York fire department are given a military training.

THICK, GLOSSY HAIR FREE FROM DANDRUFF

Girls! Beautify Your Hair! Make it Soft, Fluffy and Luxuriant—Try the Moist Cloth.

Try as you will, after an application of Danderine, you cannot find a single trace of dandruff or falling hair and your scalp will not itch, but what will please you most, will be after a few weeks' use, when you see new hair, fine and downy at first—yes—but really new hair—growing all over the scalp.

A little Danderine immediately doubles the beauty of your hair. No difference how dull, faded, brittle and scraggy, just moisten a cloth with Danderine and carefully draw it through your hair, taking one small strand at a time. The effect is immediate and amazing—your hair will be light, fluffy and wavy, and have an appearance of abundance; an incomparable luster, softness and luxuriance, the beauty and shimmer of true hair health.

Get a 25 cent bottle of Knowlton's Danderine from any store and prove that your hair is as pretty and soft as any—that it has been neglected or injured by careless treatment—that's all. Adv.

Other people's troubles bore us more than our own.

Dressed for the Promenade



To discover the fairest thing in mortal eyes it is only necessary to stroll up the avenue or boulevard on a bright winter's day. If there is anything fairer than the little girl, dressed out for the promenade, in her midwinter finery, it remains undiscovered by a beauty-loving world. Next to her, the eye of mankind is delighted by the sturdy boy who is so much of a small man in his topcoat, hat, gloves, and cane, that are miniatures of those worn by the grown-up world.

The little girl of five years, and the boy of four, shown in the picture above, are correctly and beautifully dressed. It is a satisfaction to consider that this result of good judgment requires little money, and that even the children of millionaires cannot be more comfortably or more attractively clothed.

The girl is all in white, with a coat made of white chinchilla. It is cut on plain, ample lines, hanging straight except for a little flare in the skirt. The collar, cuffs, and border at the bottom are of white fur, and there is a muff to match. These might be of white fox, but seldom are. The long-haired "bunny"—the hare—contributes a pelt that masquerades as many other furs, with amazing cleverness. It is used for making children's fur sets and is pretty and inexpensive.

The bonnet is made of white crepe georgette and is trimmed with white satin ribbon and small pink chiffon roses. It has ties of the white ribbon. This bit of headwear is the one item

that is liable to be extravagant in price, as much fine handwork comes into its construction. But bonnets just as pretty are not too difficult for the home milliner and when the cost of workmanship is eliminated the most elaborate ones are within reach of the average mother.

Long ribbed stockings, lined with black, and black-and-white shoes finish the toilette of the little maid whose face is like a blossom in the snow.

The boy wears a dark tan coat with patch pockets, a brown velvet hat and brown gloves. His suit is of linen with knickerbockers and Russian blouse. In his ribbed hose and white buttoned shoes he conceals himself to be not yet arrived at man's estate.

Taffeta Dance Frocks.

An enchanting dance frock for youth is of Nattier blue pussy willow taffeta trimmed with garlands of pink roses. The high, draped bodice, forming the bodice, rises high over a soft little draped yoke of white tulle with babyish short sleeves, ruffled-trimmed. Pink roses trail over the shoulders of this little yoke and hold up the high draped bodice, under which is the usual lightly boned foundation which insures slenderness of waistline. The full skirt has two flounces, each feathered at the hem to make it flare excessively. Pink roses are sewed to the top of the upper flounce where to join the skirt.

If You Need a Hat



With midwinter just past and spring only a promise, she who needs to buy a new hat must first put on her thinking cap. Subject for her choice are the demi-season and tourist's hats that are presented at this time, and they include hats of satin or faille or velvet or straw or any of these fabrics combined with straw, and, along with these, hats of crepe or leather or tulle. Nearly all of them carry a more or less evident message of springtime in their make-up. But among even these are hats adapted to present wear where the snow flies.

Two lovely demi-season hats are shown in the picture above. At the left the hat of taupe-colored satin has a crown which displays great moderation in height compared to the modish small hats already shown for spring. It has a quadrangular brim with graceful upward curves, and the satin is put on the frame in plaits, excepting the top crown, where it is plain.

A wreath made up of small leaves, black berries and little deep pink button chrysanthemums lies about the edge of the soft top crown. At the front and back a bow of narrow faille ribbon, in natter blue, is posed. This pink and blue combination is a conspicuous touch in spring millinery, but it is overborne in this instance by the dark color of the foliage and berries.

Altogether this is a hat in which its wearer will be willing to meet almost any kind of weather.

At the right a wider-brimmed hat dares to herald the expected spring with a brim covered with a lustrous dark-brown straw, and to smile at winter with a crown of coral-pink faille silk. Applied to the crown are made flowers and leaves and stems of silk, very rich and substantial looking. Altogether, this hat will meet the weather gracefully, come what will, and is a good choice for the tourist, or any one else.

Julia Bottomley

Attractive Blotters.

Guest-room blotters are covered with stiff chintz covers, the blotter leaves inside being held in place by narrow satin ribbons. The chintz is the same as that used in the hangings of the room. On the outside cover of the blotter a picture, clipped from a magazine or Sunday paper, is pasted, and then the entire cover is shel-lacked. These blotters are very handy for guest-room use and may be renewed cheaply and often enough to keep them fresh and inviting in appearance.

If some people knew how little they knew they would probably talk less.

WHY SUFFER SKIN TROUBLES

When a Postcard Will Bring Free Samples of Cuticura?

Which give quick relief for all itching, burning, disfiguring skin troubles. Bathe with the Cuticura Soap and hot water. Dry and apply Cuticura Ointment to the affected part. They stop itching instantly and point to speedy healing often when all else fails.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

The genuine woman never buttons anything that she can pin.

Important to Mothers
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it Bears the Signature of *Chas. H. Fletcher*

In Use for Over 30 Years. Children Cry for Fletcher's Castoria

A word to the unwise is wasted.

THE NEWEST REMEDY FOR BACKACHE, RHEUMATISM AND DROPSY

Kidney, Bladder and Uric Acid troubles bring misery to many. When the kidneys are weak or diseased, these natural filters do not cleanse the blood sufficiently, and the poisons are carried to all parts of the body. There follow depression, aches and pains, heaviness, drowsiness, irritability, headaches, chilliness and rheumatism. In some people there are sharp pains in the back and loins, distressing bladder disorders and sometimes obstinate dropsy. The uric acid sometimes forms into gravel or kidney stones. When the uric acid affects the muscles and joints it causes lumbago, rheumatism, gout or sciatica. This is the time to send Dr. Pierce, Invalids' Hotel, Buffalo, N. Y., 10c for large trial package of "Anuric."

During digestion uric acid is absorbed into the system from meat

Hamburg has an experimental plant that obtains power from the ebb and flow of North sea tides.

"CASCARETS" FOR LIVER, BOWELS

For sick headache, bad breath, Sour Stomach and constipation.

Get a 10-cent box now.

No odds how bad your liver, stomach or bowels; how much your head aches, how miserable and uncomfortable you are from constipation, indigestion, biliousness and sluggish bowels—you always get the desired results with Cascarets.

Don't let your stomach, liver and bowels make you miserable. Take Cascarets to-night; put an end to the headache, biliousness, dizziness, nervousness, sick, sour, gassy stomach, backache and all other distress; cleanse your inside organs of all the bile, gases and constipated matter which is producing the misery.

A 10-cent box means health, happiness and a clear head for months. No more days of gloom and distress if you will take a Cascaret now and then. All stores sell Cascarets. Don't forget the children—their little insides need a cleansing, too. Adv.

A lawyer doesn't know everything but he thinks a client thinks he does.

COVETED BY ALL

but possessed by few—a beautiful head of hair. If yours is streaked with gray, or is harsh and stiff, you can restore it to its former beauty and luster by using "La Creole" Hair Dressing. Price \$1.00.—Adv.

It is easy to find a man who is willing to grunt while you lift.

WOMAN'S CROWNING GLORY is her hair. If yours is streaked with ugly, grizzly, gray hairs, use "La Creole" Hair Dressing and change it in the natural way. Price \$1.00.—Adv.

There's but little waist material in this year's ball gown.

When Housework Drags

Keeping house is hard enough when well. The woman who has a bad back, blue, nervous spells, and dizzy headaches, has a hard lot, for the family tasks never let up. Probably it's the result of kidney trouble and not the much-feared "woman's weakness." Strengthen the kidneys with Doan's Kidney Pills. They are as harmless as they are effective and may be used for children with weak kidneys, too.

A Kansas Case

Mrs. G. W. Thrasher, 1604 Appleton Ave., Parsons, Kan., says: "My back pained terribly and often when I sat down a sharp pain seized me and I could hardly straighten. I felt tired and drowsy and could hardly move around. My feet swelled badly, too, and I was bothered by retention of the kidney secretions. Doan's Kidney Pills corrected these ailments and I am certainly grateful."

Get Doan's at Any Store, 50c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

Your First Duty

is to your Stomach, as this important organ controls your health, your strength and general happiness.

For any Stomach or Bowel weakness try

HOSTETTER'S Stomach Bitters

The poor kidneys get tired and backache begins. This is a good time to take "Anuric," the new discovery of Dr. Pierce for Kidney trouble and Backache. Neglected kidney trouble is responsible for many deaths, and Insurance Company examining doctors always test the water of an applicant before a policy will be issued. Have you ever set aside a bottle of water for twenty-four hours? A heavy sediment or settling sometimes indicates kidney trouble. If you wish to know your condition send a sample of your water to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y., and describe symptoms. It will be examined without any expense to you, and Dr. Pierce or his medical staff will inform you truthfully. Anuric is now for sale by dealers, in 50c pkgs.

In China old men play at ball and fly kites while children fold their arms and look on.

Piles Relieved by First Application. And cured in 10 days by Dr. J. C. HANFORD'S, the universal remedy for all forms of Piles. Brings relief and money if it fails. 50c.

Affection in dress indicates a flaw in the intellect.

To Cleanse and Heal Deep Cuts

Money Back If It Fails

Have it on hand

HANFORD'S Balsam of Myrrh

For Cuts, Burns, Bruises, Sprains, Strains, Stiff Neck, Chills, Lame Back, Old Sores, Open Wounds, and all External Injuries. Made Since 1846. Ask Anybody About It.

Price 25c, 50c and \$1.00

OR WHITE

All Dealers G. C. Hanford Mfg. Co. SYRACUSE, N. Y.



Stop scratching! Resinol relieves itching instantly

That itching, burning skin-trouble which keeps you scratching and digging, is a source of disgust to others, as well as of torment to you. Why don't you get rid of it by using Resinol Ointment? Physicians have prescribed it for over 20 years. In most cases, it stops itching instantly and heals eruptions promptly. It is very easy and economical to use.

BLACK LEG

LOSSES SURELY PREVENTED by Cutler's Bleeding Pills. Low priced, fresh, reliable; preferred by Western stockmen, because they protect where other venous fail. Write for booklet and testimonials. 15-cent pkg. Bleeding Pills \$1.00 50-cent pkg. Bleeding Pills \$4.00 Use any injector, but Cutler's best. The superiority of Cutler's products is due to over 14 years of specializing in venous and serum issues. Insist on Cutler's. If unsatisfactory, order direct, The Cutler Laboratory, Berkeley, Cal., or Chicago, Ill.

PARKER'S HAIR BALM

A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c and \$1.00 at Druggists.

Simplicity Incubators

The Free Simplicity booklet tells all about this wonderful incubator. Its compact, modern design and efficient hatching qualities. At your dealer's or write to: Simplicity Incubator Co., Indianapolis, Ind. 1641 S. Dover St.

PATENTS

Watson E. Coleman, Wash. D.C. Inventor, D.D. Books, High-class references. Send results.

Wanted Key and Packing Stencil Shippers and Producers to write to something of great importance. Hake Bros., 14 W. 21 St., Chicago, Ill.

W. N. U., WICHITA, NO. 5-1914.